


















LUNCH WEEK 1

MEAL DEAL! £3.40
MAIN MEAL + DESSERT







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza Slab 	Southern Baked Chicken, Wedges	Roast Chicken, Roast Potatoes	Pasta Bolognese	Battered Pollock, Chips
MAIN 2	Protein Loaded Chilli, Rice 	 Chilli Bean Tortilla Stack  	Shepherdess Pie 	Sloppy Joes, Garlic Bread, Potato Salad 	Southern Fried Slaw Bowl  , Chips
REAL FOOD FAST	Authentic Tikka Pitta 	Mammoth Beef Chilli Nachos 	Loaded Meatball Sub 	Carbonara Pizza	Buddha Bowl Quorn Fillets 
VEG	Green Beans 	Sweetcorn 	Carrots & Cabbage 	Roasted Vegetables 	Peas & Carrots or Baked Beans 

AVAILABLE DAILY:

Jacket potatoes with a choice of two toppings, mixed salad bar & deli grab & go offer (V/VE options available).

MENU KEY:

 Vegan and planet friendly  Vegetarian  New Dish  Spiced



LUNCH WEEK 2

MEAL DEAL! £3.40
MAIN MEAL + DESSERT



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Dirty Creamy Mac'n'Cheese	Grilled Pork Sausage	Chicken Shawarma, Chips	Thai Coconut Chicken Curry , Rice	Oven Baked Battered Pollock & Chips
MAIN 2	Penne Pasta with Tomato & Chilli	Sizzling Quorn Sausage & Mash	Roasted Vegetable Shawarma, Chips	Southern Baked Halloumi Burger, Wedges	Breakfast Wrap & Chips
REAL FOOD FAST	Mexican Chimichurri Wedges	Spicy Beef Noodle Broth	Roast Chicken Wrap	Loaded Punjabi Masala, Wedges	Red Pepper Pizza
VEG	Sweetcorn	Garden Peas	Fresh Carrots & Swede	Broccoli	Peas & Carrots or Baked Beans

AVAILABLE DAILY:

Jacket potatoes with a choice of two toppings, mixed salad bar & deli grab & go offer (V/VE options available).

MENU KEY:

Vegan and planet friendly Vegetarian New Dish Spiced



LUNCH WEEK 3

MEAL DEAL! £3.40
MAIN MEAL + DESSERT

W/C 15/09, 06/10, 27/10, 17/11, 08/12, 19/01, 09/02



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Succulent American Big Burger, Wedges	BBQ Chicken, Rice	Roast Chicken, Roast Potatoes	New Beef Burrito, Rice	Beef Burger in a Bun, Chips
MAIN 2	Creamy Leek & Cheese Pie, Wedges	Five Bean Chilli, Rice	New Golden Sausage Roll	Italian Marinara Style Pasta	BBQ Cheesy Corn Flatbread, Chips
REAL FOOD FAST	Winter Vegetable, Smoky Sausage Hot Pot	Mexican Chicken Fajita Bowl	Garlic & Chilli Donburi Bowl	Thai Green Chicken Noodles	New Caribbean Spiced Jerk Dog
VEG	Sweetcorn	Broccoli	Savoy Cabbage, Carrots	Green Beans	Carrots & Peas or Baked Beans

AVAILABLE DAILY:

Jacket potatoes with a choice of two toppings, mixed salad bar & deli grab & go offer (V/VE options available).

MENU KEY:

Vegan and planet friendly Vegetarian **New** New Dish Spiced

