











LUNCH WEEK 1

MEAL DEAL! 3.40
MAIN MEAL + DESSERT



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Beef Lasagne 	Katsu Chicken	Roast Chicken	Red Pepper Pizza 	Oven Baked Battered Pollock
MAIN 2	Cauliflower & Broccoli Crunchy Cheese Bake 	Rustic Kale & Potato Hash 	Dirty Butternut Squash Mac'n'Cheese 	Falafel Flatbread 	Baked Halloumi Burger 
REAL FOOD FAST	 Spiced Noodle Broth  	Loaded Punjabi Masala  	Chicken Fajita Wrap 	Loaded Meatball Sub  	Korean Crispy Wrap 
CARBS	Rice / Garlic Bread 	Rice 	Roast Potatoes 	Cous Cous 	Chips 
VEG	Broccoli / Tomato & Onion Salad	Green Beans	Carrots / Sweetcorn	Broccoli / Fattoush	Peas & Carrots / Mushy Peas

AVAILABLE DAILY:

Jacket potatoes with a choice of two toppings, mixed salad bar & deli grab & go offer (V/VE options available).

MENU KEY:

-  Vegan and planet friendly
-  Vegetarian
-  New Dish
-  Spiced
-  Plant+ (meat dishes packed with plant-based ingredients for increased fibre)



LUNCH WEEK 2

MEAL DEAL! 3.40
MAIN MEAL + DESSERT



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Pork Sausage	New Big American Burger ve	Roast Chicken	New Thai Coconut Chicken Curry sp	Oven Baked Battered Fish
MAIN 2	Leek & Cheese Pie ve	Chickpea & Coconut Dahl ve	Sloppy Joes Garlic Bread ve	Pasta Arrabiata ve	Korean Style Hot Dog ve
REAL FOOD FAST	New Authentic Tikka Pitta ve	New BBQ Sausage & Pit Bean Hashette	Roast Chicken Baguette	New Tomato & Corn Rice Pot ve	New Chilli Nachos ve sp
CARBS	Mashed Potato ve	Bombay Potatoes / Rice ve	Roast Potatoes ve	Rice / Focaccia Bread ve	Chips ve
VEG	Garden Peas & Sweetcorn	Green Beans / House Salad	Cabbage & Carrots / Asian Slaw	Sweetcorn / House Salad	Peas & Carrots / Mushy Peas

AVAILABLE DAILY:

Jacket potatoes with a choice of two toppings, mixed salad bar & deli grab & go offer (V/VE options available).

MENU KEY:

- ve** Vegan and planet friendly
- ve** Vegetarian
- New** New Dish
- sp** Spiced
- +** Plant+ (meat dishes packed with plant-based ingredients for increased fibre)



LUNCH WEEK 3

MEAL DEAL! 3.40
MAIN MEAL + DESSERT



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Pasta Bolognese	Teriyaki Chicken	Roast Chicken	New Focaccia Cheese & Tomato Pizza	Oven Baked Battered Fish
MAIN 2	New Hearty Farmhouse Pastry Pie	Sweet Potato Jambalaya	New Japanese Teriyaki Rice Cakes	Chickpea & Spinach Curry	Slaw Bowl with Quorn Dippers
REAL FOOD FAST	Carbonara Pizza	Southern Baked Chicken	Roast Chicken Wrap	Indian Style Sweet Potato Roll	New Caribbean Spiced Jerk Dog
CARBS	Rice & Peas / New Potatoes	Potato Wedges	Roast Potatoes	Rice	Chips
VEG	Mixed Salad Broccoli	Peas / Asian Slaw	Carrots / Green Beans	Bean Salad / Savoy Cabbage	Peas / Mushy Peas

AVAILABLE DAILY:

Jacket potatoes with a choice of two toppings, mixed salad bar & deli grab & go offer (V/VE options available).

MENU KEY:

- Vegan and planet friendly
- Vegetarian
- New** New Dish
- Spiced
- Plant+ (meat dishes packed with plant-based ingredients for increased fibre)

