



23.01.2024

Annwyl Riant/Warcheidwad

Efallai eich bod yn ymwybodol bod ysgol eich plentyn wedi'i rhestru ar Gofrestr CReSTeD - Y Cyngor Cofrestru Ysgolion sy'n Addysgu Disgyblion Dyslecsig.

Mae CReSTeD wedi cydweithio â Chanolfan Dyslecsia Helen Arkell ac yn falch iawn o allu cynnig gostyngiad o 30% ar y cwrs HELP ar-lein poblogaidd i rieni / gwarcheidwaid ysgolion achrededig CReSTeD. Awgrymiadau (Hints), Anogaeth (Encouragement) a Chysylltiad (Liaison) i Rieni (Parents)! **HELP!** Dysgu i ddysgu – dewch o hyd i ffyrdd o gefnogi eich plentyn.

Bydd y gostyngiad o 30% yn dod â'r pris i lawr o £150 i £105 ar gyfer saith sesiwn y cwrs ac mae ar gael tan 29 Chwefror 2024.

Cyflwynir y cwrs gan [Helen Barrett](#) sy'n aseswr ac athro dyslecsia arbenigol, a thiwtor cwrs proffesiynol.

Mae 'HELP! Course for Parents' Helen Arkell yn gwrs ar-lein y gellir ei lawrlwytho, sydd ar gael i'w wyluo gartref ac yn eich amser eich hun. P'un a yw'ch plentyn newydd gael asesiad a diagnosis dyslecsia neu a ydych am allu eu cefnogi gartref gyda'u dysgu, bydd y cwrs ymarferol, cynhwysfawr hwn yn helpu. Mae'r cwrs unigryw hwn yn darparu strategaethau, awgrymiadau, a syniadau ar y canlynol:

Sesiwn 1: Cyflwyniad i Anawsterau Dysgu Penodol (ADPau) a dyslecsia.

Sesiwn 2: Gweithio'n effeithiol gydag ysgol eich plentyn. Siarad â'ch plentyn am ddyslecsia a chynnal eu hunan-barch.

Sesiwn 3: Deall sut mae eich plentyn yn dysgu orau, sgiliau astudio a helpu gyda gwaith cartref.

Sesiwn 4: Cefnogi darllen eich plentyn.

Sesiwn 5: Cefnogi sillafu eich plentyn.

Sesiwn 6: Cefnogi ysgrifennu eich plentyn.

Sesiwn 7: Cefnogi mathemateg eich plentyn.

Dear parent / guardian,

You may be aware that your child's school is listed in the CReSTeD Register - The Council for the Registration of Schools Teaching Dyslexic Pupils.

CReSTeD have collaborated with The Helen Arkell Dyslexia Centre and are delighted to offer parents / guardians of CReSTeD accredited schools a 30% discount on the popular online HELP course. **Hints, Encouragement and Liaison for Parents! HELP!** Learning to learn – find ways to support your child.

The 30% discount will bring the price down from £150 to £105 for all seven sessions of the course and is available until 29 February 2024.

The course is presented by [Helen Barrett](#) who is a specialist dyslexia assessor and teacher, and professional course tutor.

The Helen Arkell 'HELP! Course for Parents' is a downloadable online course, available to watch at home and in your own time. Whether your child has just had a dyslexia assessment and diagnosis or whether you just want to be able to support them at home with their learning, this practical, comprehensive course will help. This unique course provides strategies, tips, and ideas on the following:

Session 1: Introduction to Specific Learning Difficulties (SpLDs) and dyslexia.

Session 2: Working effectively with your child's school. Talking to your child about dyslexia and keeping their self-esteem high.

Session 3: Understanding how your child learns best, study skills and helping with homework.

Session 4: Supporting your child's reading.

Session 5: Supporting your child's spelling.

Session 6: Supporting your child's writing.

Session 7: Supporting your child's maths.

INSPIRE | SUPPORT | SUCCEED

YSBRYDOLI | CEFNOGI | LLWYDDO

MORFA DRIVE
CONWY LL32 8ED

+44 (0)1492 593243
+44 (0)1492 592537

INFO@ABERCONWY.CONWY.SCH.UK
WWW.ABERCONWY.CONWY.SCH.UK



BUDDSODDWYR | INVESTORS
MEWN POBL | IN PEOPLE

Am fwy o fanylion ar y dudalen 'HELP! Course for Parents' ac i archebu lle, cliciwch ar [y ddolen hon](#).
Gellir defnyddio'r cod disgownt 30% canlynol ar ôl dewis yr eitem a'i gosod yn y "fasged": CRESTED302023 (Mae angen teipio'r cod i gyd mewn priflythrennau).

Ar ôl eu prynu, bydd gennych fynediad i bob un o'r saith sesiwn am 31 diwrnod o'r dyddiad prynu.

Cofion cynnes

Helen Samuel

Rheolwr ac Athro Dyslecsia Arbenigol

For more details on the 'HELP! Course for Parents' and to make bookings, please click [this link](#).

The following 30% discount code can be applied after the item is selected and is in the "basket": CRESTED302023 (The code needs to be typed all in upper case).

Once purchased, you will have access to all seven sessions for 31 days from purchase date.

Kind regards

Helen Samuel

Manager and Dyslexia Specialist Teacher

INSPIRE | SUPPORT | SUCCEED

YSBRYDOLI | CEFNOGI | LLWYDDO

MORFA DRIVE
CONWY LL32 8ED

+44 (0)1492 593243
+44 (0)1492 592537

INFO@ABERCONWY.CONWY.SCH.UK
WWW.ABERCONWY.CONWY.SCH.UK



BUDDSODDWYR | INVESTORS
MEWN POBL | IN PEOPLE