



5<sup>th</sup> May 2023

Dear Parent/Guardian

**Parents of Year 10 and 11 students**

Exams can be stressful for young people and parents and it's often difficult to know how best to support your child both academically and emotionally.

At Ysgol Aberconwy, we will be holding a session for parents in order to provide practical tips and advice. This session will be delivered by the company *Learning Performance* who have a proven track record in motivating students to achieve success.

The session will be held on **Thursday 11<sup>th</sup> May** in the school hall from 4.00 - 4.45pm. Refreshments will be available from 3.30pm. Please register your attendance by completing the form: <https://forms.office.com/r/wepKcUkPZD>

Learning Performance is the UK's leading study skills company. Their interactive and motivational workshops show students how to learn, how to revise and how to prepare for exams with creative strategies such as, memory techniques. Research shows equipping students with such learning strategies can improve progress by an average of 8 months. For more information about Learning Performance and the work they do with schools, please visit [www.learningperformance.com](http://www.learningperformance.com)

Yours faithfully,

Gaynor Murphy

Deputy Headteacher



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5 Mai 2023

Annwyl Riant/Warcheidwad ,

**Rhieni disgyblion Blwyddyn 10 ac 11**

Gall arholiadau achosi straen i bobl ifanc a rhieni ac mae'n aml yn anodd gwybod beth yw'r ffordd orau o gefnogi'ch plentyn yn academiaidd ac yn emosiynol.

Yn Ysgol Aberconwy, byddwn yn cynnal sesiwn i rieni er mwyn rhoi awgrymiadau a chynghor ymarferol. Cyflwynir y sesiwn gan y cwmni Learning Performance sydd â hanes profedig o ysgogi myfyrwyr i lwyddo.

Cynhelir y sesiwn ar **Ddydd Iau 11eg Mai** 4.00yp-4.45yp yn neuadd yr ysgol. Bydd lluniaeth ar gael o 3.30yp. Er mwyn cofrestru eich presenoldeb, llenwch y ffurflen isod: <https://forms.office.com/r/wepKcUkPZD>

Yn gywir,

Gaynor Murphy

**Dirprwy Bennaeth**

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