



Week 1

MONDAY

Traditional Lasagne

Lasagne Verdi

Chilli Beef Burrito Cone

Garlic Bread

Broccoli Florets, Coleslaw Salad

House Salad

Jacket Potatoes with a selection of fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



TUESDAY

Sweet and Sour Chicken
With Braised Rice

Chicken and Pesto Pasta

Crunchy Cauliflower and Broccoli
Cheese Bake

Focaccia Bread Slices
Garden Peas
Sweetcorn

House Salad and Coleslaw

Tomato Salsa or Yoghurt dressing

Jacket Potato with a Selection of Fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



WEDNESDAY

Traditional Roast of the Day

(Turkey, Pork, Gammon or Chicken)
Or

Roast Quorn Fillet

Roast Potatoes
Seasonal Vegetables
Savoy Cabbage

Gravy and Accompaniments

Jacket Potato with various fillings

Pasta Choice of the Day

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit
Oat topped Apple Crumble with Custard



THURSDAY

Go Meat Free

Feta, Tomato and Onion Tart

Or

Spicy Vegetable Focaccia Pizza
Or Vegetable Calzone

Pulled Chicken Burger
New Potatoes
Red Cabbage Slaw
Tomato and Onion Salad
Green Beans

Jacket Potato with various fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



FRIDAY

Fish Selection – a choice from

Freshly Battered Hoki
or
Breaded Pollock

Fish Fingers

Baked Salmon Fish Fingers

Quorn Dippers

Baked Mustard and Oat Crusted Mackerel

Oven Baked or Deep-Fried Chips

Baked Beans, Garden or Mushy Peas

Jacket Potatoes with a selection of fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



Week 2

MONDAY

Oven Baked Pork Sausage
Grilled Chicken Sausage
Quorn Sausage
Beef and Pepper Fajita Wrap

Creamy Mashed Potato
Green Beans
Mixed Salad
Mixed Bean Salad
Kale
Peas and Carrot
Gravy, Tomato Salsa, Mayonnaise

Jacket Potato with variety of fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



TUESDAY

Chicken Korma
With Turmeric Rice

The Best Vegan Burger!

Sweet Potato and Bean Jalfrezi

Pasta Choice of the Day

Oven baked Combo of Sweet Potato and Jacket
Potato Wedges

Sag Aloo
Mixed Salad and Coleslaw
Mango Chutney and Cucumber Raita

Jacket Potato with a Selection of Fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



WEDNESDAY

Traditional Roast of the Day

(Turkey, Pork, Gammon or Chicken)
Or

Roast Quorn Fillet

Roast Potatoes
Seasonal Vegetables
Broccoli Florets

Gravy and Accompaniments

Jacket Potato with various fillings

Pasta Choice of the Day

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit
Chocolate Sponge with Chocolate Sauce



THURSDAY

Minced Beef and Vegetable Cobbler

Chicken and Sweetcorn Hot Pot

Quorn Burger

New Potatoes or Mashed Potatoes

Garden Peas

Sweetcorn

Carrots

Gravy

Jacket Potato with various fillings

Pasta Choice of the Day

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



FRIDAY

Fish Selection – a choice from

Freshly Battered Hoki
or
Breaded Pollock

Fish Fingers or

Baked Salmon Fish Fingers

Quorn Dippers or Vegan Nuggets

Oven Baked or Deep-Fried Chips

Baked Beans, Garden or Mushy Peas

Jacket Potatoes with a selection of fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



Week 3

MONDAY

Turkey and Sweetcorn Pie
Minced Beef and Onion Pie
Vegetarian Calzone

Boiled New Potatoes
Garden Peas, Broccoli and Sweetcorn
Red-cabbage Slaw
Mixed Salad

Pasta Choice of the Day

Jacket Potatoes with a selection of fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



TUESDAY

Oven Baked Katsu Chicken Curry

Chicken Schwarma Flatbread

Wholemeal Cheese and Tomato
Quiche

Fluffy Rice
Jacket Potato Wedges

House Salad
Asian Coleslaw
Carrots and Cauliflower

Sweet Chilli dipping sauce

Pasta Choice of the Day

Jacket Potatoes with a selection of fillings

Selection of Sandwiches and
Handheld snacks

Cakes, Yoghurt, Cookies and Fruit



WEDNESDAY

Traditional Roast of the Day

(Turkey, Pork, Gammon or Chicken)
Or

Roast Quorn Fillet

Roast Potatoes
Seasonal Vegetables
Broccoli Florets

Gravy and Accompaniments

Jacket Potato with various fillings

Pasta Choice of the Day

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit
Golden Syrup Sponge and Custard



THURSDAY

Go Meat Free with

Spinach and Chickpea Curry or
Kathi Spiced Wrap
Plain Steamed Rice
Mango Chutney and Cucumber Raita

Or

Southern Baked Halloumi Burger
With oven baked Potato Wedges
Ketchup and Relish

*

Pasta Bolognaise Melt

Mixed Salad
Broccoli Florets and Peas

Jacket Potato with various fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit



FRIDAY

Fish Selection – a choice from

Freshly Battered Hoki
or
Breaded Pollock

Fish Fingers or

Baked Salmon Fish Fingers

Quorn Dippers or Vegan Nuggets

Oven Baked or Deep-Fried Chips

Baked Beans, Garden or Mushy Peas

Jacket Potatoes with a selection of fillings

Selection of Sandwiches and
Handheld Snacks

Cakes, Yoghurt, Cookies and Fruit